



REFLECTION

THIRD SUNDAY OF LENT 7 March 2010 (Year C)

When God called Moses from the burning bush, he launched him on one of the longest, most significant journeys in history — and began by telling him: “Remove the sandals from your feet” (Exodus 3:5). Why would God say that?

The second half of the verse offers a reason: “The place where you stand is holy ground.” Imagine how fast Moses obeyed! In Egypt, where he grew up, people were required to go barefoot before Pharaoh or any other superior. It was both an expression of respect and an admission of a lower-status position. Standing before the greatest Lord of all, whose glory shimmered out like an invisible force field, Moses must have felt awed and humble indeed.

What does this tell us about our approach to prayer? Without any burning bushes to jolt us, it's easy to relate to God casually, even as if it's something of a chore. The image of Moses removing his sandals reminds us that our loving Father is an awesome God whose holiness we cannot even begin to comprehend. It tells us to approach him with reverence, humility, and an awareness of our sin and frailty. But the scene speaks to us in other ways as well.

Shoes and sandals get dirty, and still today in many cultures and homes, people take them off before entering the house. In a way, that's what we're called to do when we come before God. Grimy footwear can also symbolize the distractions that pop up when we pray. If this happens, we can follow the advice of St. Alphonsus Liguori and try our best to leave all extraneous thoughts at the door of our prayer time. We can also say, along with St. Bernard: “O my thoughts, wait here. After prayer we shall speak about other matters.”

So as you go to pray today, take off your sandals! The One who called Moses is calling you!

“Father, who am I that you should love me so much — enough to give up your only Son for my sake? Help me to set aside everything that separates me from you and to return your love as fully as I can.”

(Reprinted with permission of “The Word Among Us”)

Mandarin Speaking Community

**2010年3月7日-四旬期第三主日
永援圣母堂第十六届华人慕道团
(2009-2010)**

- 1) 日期:3月7日
悬祷礼一/授信经礼/悬祷礼二彩排
负责: 全体人员
时间: 9.00 – 10.30am
- 2) 日期:3月14日
悬祷礼二/悬祷礼三彩排
负责: 全体人员
时间: 9.00 – 10.30am
地点: 本堂活动中心礼堂四楼
(Verbist Hall Level 4)

欢迎教友旁听。

堂区拜苦路

每逢星期五(英语拜苦路) — 从2月19日起, 2月26日, 3月12、19和26日, 傍晚6点正弥撒后
3月5日(五)的拜苦路将在晚上7点30分开始, 之后是8点正弥撒。

堂区拜苦路

每逢星期三(英语拜苦路) — 从2月24日起, 3月3、10、17、24和31日, 下午3点正
每逢星期二(华语拜苦路) — 从2月23日起, 3月2、9、16、23和30日, 晚上7点30分

2010年教委四旬期证道会

日期: 2月24日, 3月3日, 10日, 17日及24日(五个星期三晚上)

时间: 7.45pm - 9.30pm

地点: 耶稣复活堂

主祭弥撒及证道: 萧永伦神父, 蔡汉坤神父, 张伟神父, 彭志顺神父, 沈再德神父

形式: 拜苦路, 弥撒与证道

华文夫妇悬谈周末

对象: 结婚至少两年的夫妇

日期: 3月19至21日

时间: 星期五晚上8点正至星期日傍晚5点正

形式: 讲座、分享、个人反省及夫妻对话

地点: 201-B Ponggol 17th Ave

报名费: 每对夫妇\$50

报名: 朝元+银嫦(98189255)

勇光+诗云(96776775)



Church of Our Lady of Perpetual Succour

Mission Statement

“We, the community of OLPS, strive to follow Christ and be His witnesses, reaching out to all through love and service.”

31 Siglap Hill, Singapore 456085
Website: www.olps.org.sg

MASS SCHEDULE (Confession before Mass)

Weekday : 6.30 am (on Public Holiday 8.00 am) & 6.00 pm
Saturday : 6.30 am (on Public Holiday 8.00 am) Novena 4.00 pm
Saturday Sunset : 4.45 pm & 6.30 pm
Sunday : 7.30 am (Mandarin); 8.45 am; 10.30 am; 12.15 pm & 6.00 pm

PRIESTS

(Vicar) Rev Fr Gregoire Van Giang Tel (65) 6445 6092 Email: giang@olps.org.sg
Rev Fr Frederick Quek Tel (65) 6444 3242 Email: frfred@olps.org.sg
Rev Fr Adrian Yeo Tel (65) 6241 0953 Email: fryeo@olps.org.sg

PARISH SECRETARIAT

Lillian Ong Tel (65) 6241 9565 Email: secretariat@olps.org.sg
Andrew Foo Fax (65) 6241 5874

Sr Mary S.

CATECHETICS COORDINATOR (Children & Teens)

Mrs Nancy Chan Tel 6241 8047 Email: catechists@olps.org.sg

YOUTH COORDINATORS

Roy Ang Tel: 9385 0301 Email: youth@olps.org.sg
Ms Teresa Joanna Thia Tel: 9109 0386 Email: youth@olps.org.sg

OLPS Church Autogate closure time 12.30 am - 5.30 am (daily)
St Stephen's School (car park timings) 3.00 pm - 6.00 pm (Saturday); 8.00 am - 2.00 pm (Sunday)
Adoration Room Daily 7 am to 12 Midnight; Saturday Vigil until 6 am Sunday
Changing of Host (Adoration Room) Every last Friday of the month, Mass at 10.00 pm
Columbarium Opens daily 7.00 am to 7.00 pm
Christian Meditation Every Wednesday at 8.00 pm in St John & St Luke Rooms
Charismatic Prayer Meeting Every Wednesday 8.00 pm in Verbist Hall (Level 4, by lift)
Charismatic Mass Every last Wednesday at 8.00 pm in Verbist Hall
Infant Baptism Preparation 2nd Sunday at 3 pm; Baptism 3rd Sunday at 4 pm
Migrant Mass Every 2nd Sunday of the month at 12.15 pm Mass
Bahasa Indonesia Mass Every 1st Sunday of the month at 3.30 pm Mass
Bahasa Indonesia Praise and Worship Every 3rd Saturday of the month at 6.30 pm in Verbist Hall
Tagalog Mass Every 4th Sunday of the month at 3.30 pm Mass.
Rosary Recitation Mon - Wed; Thursday (intentions for Priests) at 5.15 pm
Divine Mercy Devotion Every Friday after morning Mass at the Grotto also at the Church before evening Mass at 5.15 pm.
St Pio Devotion Every 23rd day of the month at 6.45 pm (after the 6 pm mass).

MARRIAGES: Application/Booking for Wedding in our Parish should be made at least six (6) months in advance. This would give the couple adequate time to attend Marriage Preparation Course (MPC) or Engaged Encounter Weekend (EE). Application forms available at the Secretariat. Booking is confirmed only when full contribution is received six (6) months before the Wedding Date. No Weddings during Lenten Season.

Mass Readings (7 - 14 March 2010)

07 March (Sun) (Third Sunday of Lent)

Ex 3:1-8,13-15; Ps 102:1-4,6-8,11; 1 Cor 10:1-6, 10-12; Lk 13:1-9

08 March (Mon) 3rd week of Lent; St John of God, religious

2 Kgs 5:1-15; Ps 41:2,3,42:3,4; Lk 4:24-30 or Ex 17:1-7; Ps 94:1-2,6-9; Jn 4:5-42

09 March (Tues) 3rd week of Lent; St Frances of Rome, religious

Dan 3:25:34-43; Ps 24:4-9; Mt 18:21-35

10 March (Wed) 3rd week of Lent

Dt 4:1-5,9; Ps 147:12-13,15-16,19-20; Mt 5:17-19

11 March (Thurs) 3rd week of Lent

Jer 7:23-28; Ps 94:1-2,6-9; Lk 11:14-23

12 March (Fri) 3rd week of Lent

Hos 14:2-10; Ps 80:6-11,14,17; Mk 12:28-34

13 March (Sat) 3rd week of Lent

Hos 6:1-6; Ps 50:3-4,18-21; Lk 18:9-14

14 March (Sun) (Fourth Sunday of Lent)

Jos 5:9-12; Ps 33:2-7; 2 Cor 5:17-21; Lk 15:1-3,11-32

PARISH BULLETIN

THIRD SUNDAY OF LENT ~ 7 March 2010 (Year C)

CATECHISTS' RECRUITMENT

Our children and teens need you to be their Catechist!
Sign up at our Catechists' office (Level 2, St Martha's Room) or contact Catechist Coordinator, Nancy Chan at 62418047.

RCIA JOURNEYS 60 & 61 RITE OF SCRUTINY

RCIA Journeys 60 & 61 ~ Rite of Scrutinies on Sunday at 6pm Mass:
Rite of First Scrutiny & Presentation of the Creed, Sunday 7 March
Rite of Second Scrutiny, Sunday 14 March.
Rite of Third Scrutiny, Anointing and Handing on of The Lord's Prayer, Sunday 21 March

BAHASA INDONESIA MASS

Bahasa Indonesia Mass on Sunday 7 March at 3.30 pm in OLPS Church. Celebrant: Rev Fr Gregoire Van Giang. We invite all Indonesian families and friends to celebrate with us.

INDONESIAN FOOD BAZAAR

This Sunday, 7 March, 5 pm to 6 pm, there will be Indonesian Food Bazaar at the Church Canteen. All are welcome.

LENTEN VIGIL 2010 27 - 28 March

Come and spend the night in OLPS Church on Saturday 27 March at 11.00 pm until Sunday 28 March morning at 6.00 am and join us in reflecting on the 7 Last Words of Jesus. Vigil includes Mass, prayer, reflections, sharing and songs. Breakfast and refreshments will be provided. Register for Lenten Vigil 2010 at the Church foyer from the weekends of March 13 & 14 onwards, or contact us at lent@olpsyouth.org.

INFANT BAPTISM (on Easter Sunday 4 April)

Infant Baptism will be celebrated on Easter Sunday 4 April 2010 at the 6.00 pm Mass. Preparation briefing for parents & godparents will be conducted on Sunday 28 March at 3.00 pm in Sts John and Luke Rooms (Level 2). Please submit Infant Baptism Registration forms to the Secretariat by 21 March.

CHARISMATIC PRAYER MEETING

Wednesday, 10 March at 8.00 pm in Verbist Hall. Speaker is Michelle Ang on *"The Joy of The Lord"*. All are welcome.

ADVENTURES IN MATTHEW

24-Sessions commencing 25 March 2010 (every Thursdays) ~ Video-based course on *"Adventures in Matthew"* by Jeff Cavins. Course book for participants at \$39/=. Participants have a choice of **either afternoon session (3pm to 5pm) or evening session (8pm - 10pm) at St John & St Luke Rooms (level 2).** Register with Maurice 97345395 or email maurice3428@gmail.com.

PARKING REMINDER

Please park your car according to traffic regulations. No parking along single white lines, zebra crossings, road junctions and outside residents' gates. Illegal parking will be fined by Traffic Police. Permission is granted for parking on the zigzag lines outside St Stephen's School during weekend Mass times only. (Note: St Stephen's School ground parking hours: Saturday 3pm to 6pm; Sunday 8am to 2pm).

NEIGHBOURHOODS

Bedok Reservoir/Kaki Bukit ~ Gospel sharing & Rosary on Wednesday 10 March at 8.15 pm at the home of Yolanda Tan, Blk 108 #03-302 Bedok Reservoir Road. **Archbishop Nicholas Chia will be present at this home prayer.** Join in the potluck and fellowship after prayer. All are welcome.

Siglap 1 ~ Lenten reflection on Monday 8 March at 8.00 pm, Michael & Ann Ng's home, 6D La Salle Street. All are welcome.

Siglap 2 ~ Lenten reflection, Tuesday 9 March at 8.00 pm, Raoul & Wendy Sequeira's home, 69 Siglap Road. All are welcome.

Kembangan ~ Stations of the Cross, Thursday 18 March at 8.15 pm, Andrew & Ann Lim's home, 79 Jalan Selamat. All are welcome.

Youth Happenings

12 March	8.00pm – 10pm	Youth Mentors Ministry at the Cage; Youth Music Ministry at Verbist Hall
13 March	3.30pm – 6pm	Genesis Ministry at the Cage
13 March	7.30pm – 10pm	Youth Arise Ministry at the Cage

Youth Mentors will be changing their weekly meeting dates to Fridays. For more information of upcoming events, visit our website, facebook and blog via <http://www.olpsyouth.org>

PENITENTIAL SERVICE

Penitential Service in OLPS Church will be celebrated on Monday 22 March at 10.30 am and 8.00 pm.

STATIONS of the CROSS

Tuesday (Mandarin) at 7.30 pm; Wednesday (English) at 3.00 pm Friday (English) at 6.30 pm (after the 6.00 pm Mass).

WEDNESDAY OF LENT we break fast together

Lent offers us all a special opportunity to grow in our relationship with God and to deepen our commitment to a way of life rooted in our baptism. **Every Wednesday we fast, then break fast together with a potluck and sharing by our Priest after the 6.00 pm Mass.** Please bring along food for yourself and one portion to share. All are welcome.

LENTEN RESOLUTION

Please remember to fill in the Resolution Card and drop them into "Lenten" boxes at the Church entrances. Your resolutions will be offered up at Mass.

CHARITIES WEEK 2010

This season of Lent, let the love of Jesus shine through your actions and be a blessing to others. Please hand your donations in the **Charities Week Appeal envelopes** this weekend to show your support and contribute generously to help the poor and marginalised. Visit www.caritas-singapore.org for more information.

EARTHQUAKE IN CHILE

Let us offer our prayers for the people in Chile who were killed and suffered in this recent earthquake. ACCT is working with Caritas Internationalis to provide financial support from its Disaster Aid Fund.

RETRouvaille WEEKEND

Retrouvaille ~ A Lifeline for troubled and hurting marriages. If you are serious about making your marriage work, this programme could be worthwhile for you. **Weekend date: 26-28 March.** For confidential enquiry, call 67498861, 64239756 or 64451375. Online registration www.helpourmarriage.sg.